Telos Channelling 10th March 2011 By Sue Parry

"Greetings I Am Adama, your friend, brother and mentor.

Tonight let us discuss objectives and how we can achieve them. For example if each one of you know your vision plan, how are you going to achieve this?

Firstly being in a place of total Love and Trust, knowing and honouring yourself for who you are can only enhance your wellbeing ad place you in a space of peace and harmony. This gives you a foundation to begin.

Secondly once there is harmony and balance you can commence your surrendering and calling on the chohan of 1st Ray and the Sacred Flame of The Will of God. This is the tool to prepare you for the next stage and so on. You can see where I am going here can't you? Each of the sacred flames are tools and ways of learning and taking your being through a process. Know in your hearts you are preparing for your ascension or you wouldn't have chosen this group. Ascension, for this incarnation, as a pioneer and Light warrior is your blueprint.

I would like to ask a question. Is there anyone among you who wishes to know more? If you do, then it is time to go nightly to the Temples, if you are not already doing so and ask before you go to sleep what it is you wish to know and the answer will be given to you on waking or throughout the following day. Be prepared to be enlightened. You all know this already but sometimes you forget. Trust, faith, unconditional love, non-judgement and surrender and more need to be focussed upon to assist you in this process. Divine Love of the Godself will take you to the vibration you are seeking. Compassion and caring for yourself and others too combined with humility assist the process.

One day in the not too distant future you will look back on these wondrous times of sharing and know that we were surrounding you, helping and loving you all dear ones. If you wish to open your minds now let us take a turn giving you, telepathically, a sentence or merely a word so you can record this and at the end of 5/10 minutes read what has been recorded and see if there is a connection and definite message for you all."

Everyone closed their eyes and centred themselves to be open to receive. During the next 5/10 minutes these words from each person were recorded. :-

Rachel Eyles

"Share your wisdom freely and you will understand why you are here"

Rachel Warlow

"Come to the temple of Healing and let it flow like a mighty river."

Sue Parry

"Trust and you will be given the very act of being."

Daryl Walsh

"Love is the burning desire which fills your ascension. Let the flame of Cosmic Love enfold you."

Rachel Eyles

"Support is all around you. Courage and faith unite."

Jayne Swan

"I Am Adama, I am Adama, I am Adama" (Jayne had been aware of a being near her over the previous days before this evening trying to make contact with her and at last she was given the answer).

Eloise Bennett

"I am hearing celestial music, seeing .geometric shapes. Feeling I am actually in the subterranean city. There is a download of codes and sacred geometry taking place here. We are being given a space To Be. Prioritise this in or lives so we may receive Telosian attunement and activations."

Rachel Warlow

"I am hearing low chanting"

Eloise Bennett

"I am present here in Lemuria with the animals. I am bilocating."

Adama

"Thank you all for trying and letting us practise telepathy with you. Now I take my leave and say Goodnight and we look forward to meeting you all in the temples each night and to our next sharing together."

I Am Adama.

Before I shared the channelling with the group, Daryl asked to read a section from the Sacred Flames Book as she was guided before the group met. This was :--

The Third Ray the Flame of Cosmic Love Page 77 last paragraph to the end of paragraph 2 of page 78.

I immediately understood why I had been told by Adama to include the following prayer given to me at The Temple of Union a few weeks ago. I read this out to the group:-

I Am My Beloved I Am Presence for my highest evolution, stating with great intent to love myself in every aspect of my essence, in every aspect of my divinity, in every aspect of my human experience allowing the Divine Love for my Godself to be the ruler of my heart and my life.

And So Be It. Beloved I Am.

As we all looked back at the words we had shared there was a connection and we were all in awe at the gifts given to us.