## Message from Adama 9th October 2012

## Adama along with Aurelia, Ahnahmar and Zohar

Beloved Ones, I greet you All with great love and the energy of Light from us all here in Telos today.

Each day as you connect with us through your prayers or reading Aurelia's books please know that we are All here ready to assist you. Ask us for help in whatever way you wish.

Our message to you today is :-

## "Become the God that you are, right now, by Becoming Love in action in all you think, say and do."

We ask you these questions for your contemplation.

- **1.** Do you set your daily intention to do this?
- **2.** Do you ask and state by intention to Become God in action?
- **3.** Do you request that we help you to do this and become constantly aware that you are actually doing this?
- **4.** Do you allow this to happen?

My Beloved Children, you are All working in this lifetime to clear all discordant thoughts and belief systems by asking to Become Love in action and you can do this with ease and grace.

Be Willing, be Determined, be Diligent in your spiritual work. If you wish to attain your freedom in the Light then you are required to raise your energy. Become the love you truly are. Become that spark of Light that is within you.

You truly are the Light, you only have to accept it and work towards the Remembrance of the Light within you.

Remember your God Presence is there within you to assist your every prayer and action.

We send you our Love from our hearts to your hearts.

I Am Adama, your brother and friend.